The map in this leaflet is based on the Ordnance Survey Explorer series. These sections of the walks marked in red on the map go along the main Sandlings Walk route. To find your way around these sections just follow the waymarkers and footpath signs with the nightjar logo, as in the photograph opposite.

The blue and yellow sections are not waymarked in any special way. For that part of the route you will need to use the map and route notes. Please respect all Private Land and fishing operations notices as you go round. So you can decide which parts of the circular walks you think are accessible, the route notes and the map tell you what to expect on the walk.

Hollesley / Rendlesham Route 4½ miles / 7 kms

A - B Start from Rendlesham Forest car park, off B1084 between Melton and Oxford. Facing tockit block, find Sandlings Walk waymarker on right.

A - B Follow Sandlings Walk way markers until reaching tarmac track, (approx. 350m). Ignore Sandlings Walk way marker and walk straight across road, now following red topped way markers. Cross boardwalk, then bridge over pond. Turn right and continue with stream on right. Do not take first right at end of stream, but take next right at major crossroads of tracks/paths. Compact dirt/sand/grass tracks/paths. Some roots. Some gentle slopes.

B - C Gentle sand/grass devoid of over stream, with pond on right (may be hidden by vegetation), becoming stony as path goes gently uphill. Where path levels, at junction of tracks, turn right.

C - D Continue along stone track – do not take any paths/tracks turning off it – reach barrier at D. Compact sand/stone track. Mainly flat, gentle slope in middle. Dry.

D - E Go round barrier and continue to crossroads of tracks. Go straight across and continue, initially compact dirt/stone, then sand/grass. Mainly flat and dry, but uneven.

E - F Where main path bends left, follow this, do not take smaller stony path on right. Dirt/grass path, with post and wire fence on right. Gentle decline approaching F. At F, do not follow main path to left, but instead, turn right through gap in hedge into lower car park of Upper Hollesley Common Picnic Site.

F - G Once in car park, (road visible to left), turn right, then left towards wooden Circular Walk sign, and turn right via this trail.

G - H Follow dirt path through heather and scattered pine trees into car park. Walk to entrance at no. 3, and turn right along road, taking care as it is very busy. Turn right down first track and through gate.

H - I Follow dirt track. Mainly flat but very uneven. Go through gate and continue straight ahead, with stock fence immediately on right. Continue straight over crossroad, now following Sandlings Walk way markers back to A. Mainly flat, dirt/and path.

I - J Where sandy track meets tarmac track near houses, turn left along tarmac/roughly surfaced track.

J - A As A - B.

The Sutton, Hollesley and Rendlesham-Sandlings Circular walks have been developed as a link to the Sandlings Walk, a 60-mile long distance footpath between Ipswich and Southwold. The Sandlings Walk was created as part of the £500,000 grant from the Heritage Lottery Fund given to continue the protection and management of Suffolk's Sandlings heaths.

The 2 walks shown in this leaflet will help you to explore and enjoy some of the special qualities of those Sandlings heaths. The walks begin from Sutton Heath Picnic Site and Rendlesham Forest Centre, or Upper Hollesley Common Picnic Site where both walks meet. All three start points are easily accessible by bike from Woodbridge and have cycle stands: There is a cycle hire centre operating from Rendlesham Forest Centre throughout the spring and summer.

The Suffolk-Sandlings once covered a large area to the east of Ipswich. The heathland that remains is still very important and many rare plants and animals and centuries of history can be discovered: maybe the flinty song of a woodlark in a forest clearing, Sutton Heath in flower in late summer or an ancient mound, perhaps the site of a burial.

If you would like to know more about the Sandlings Walk, contact:

THE SUFFOLK COAST & HEATHS UNIT
Telephone: 01394 384948
Email: mail@suffolkcoastandheaths.org
Website: www.suffolkcoastandheaths.org

If you would like to know more about the Sandlings heaths, contact:

THE SANDLINGS PROJECT MANAGER
SUFFOLK WILDLIFE TRUST
FOXBURROW FARM, SADDLEMAKERS LANE
MELTON, SUFFOLK IP12 1NA
Telephone: 01394 358433
Email: sandlings@suffolkwildlifetrust.org

Sutton Hollesley & Rendlesham Sandlings Circular Walks

2 Walks Through Suffolk Heathland
Sutton, Hollesley & Rendlesham

**Sutton Route** 6 miles / 8½ kms

- **A** Start from Sutton Heath picnic site on B1083 between Sutton and Melton.
- **A - B** Follow track marked B-way on right of car park. Compact/loose sand. Undulating and uneven. Gentle decline approaching B. Go straight over crossroads of tracks.
- **B - C** Continue along sand track, incline leaving B, passing occasional properties. Approx 200m after cross pt (just visible from track on right) take left path signed 'Private Road, Footpath Only'. Gently undulating.
- **C - D** Continue straight along path. Do not bear right after 100m. Loose/compacted dirt/sand/grass path. Gentle incline at start.
- **D** At Public Footpath sign beneath tall fir tree, turn right, as signed.

**2 Walks Through Suffolk Heathland**

- **D - E** Follow main grassed path straight ahead. Then bear right along main path towards stock fence. Gentle incline. On reaching sandy track, turn left to reach gate at E.
- **E - F** Go through gate and walk to corner of wire stock fence, (bearing slightly left). Follow this right, to reach double wooden gate across sandy track. Grass/sand. Gentle decline and uneven.
- **F - G** Go through double gate and turn left, with stock fence on left, to reach pair of telegraph poles in front of flint cottages. At this crossroads of tracks, turn left to follow track with stock fence on either side, until eventually reaching road. Very sandy track, used by farm vehicles, across heath then fields. Uneven. Mainly flat, but incline from telegraph poles to arable fields, then compacted.

- **G - H** At G, turn left to follow verge alongside road, to reach Sandlings Walk fingerprint at H. Take care; busy road.
- **H - I** Follow Sandlings Walk waymarker posts back to L. Loose sand/grass tracks/paths. Mainly left but undulating leading to and alongside reaving works. Sometimes uneven and muddy. Turn left through wooden gate at I.
- **I - A** Loose sand track,