

1. St. Peter, South Elmham

A 5 mile circular route through high Suffolk with several sites of historic interest.

Start: St. Peter's Church. Limited roadside parking available, please park carefully.

Walk: Good paths and tracks. There are no stiles or other obstacles.

Facilities: St. Peter South Elmham - Refreshments available at St. Peter's Hall (Friday to Sunday).

Public Transport: For details please contact Suffolk Traveline on 08459 583358.

The small, pretty church of **St. Peter** has a Norman doorway with a mostly 14th Century interior. The churchyard is a haven for wild flowers. Throughout the Spring and Summer there is a succession of flowers including Cowslips, Ox-eye Daisies and Pyramidal Orchids. Ant hills are a feature of this site.

A small stream is followed towards **St. Margaret South Elmham**. After a short walk along a minor road (note the roadside nature reserve) the **Angles Way** is joined. A track then goes between blocks of woodland. These are important ancient woods as they have changed very little over several hundred years. **Abbey Wood** is a Site of Special Scientific Interest. The remains of an Augustinian Priory for nuns lies on the other side of Abbey Wood.

The path goes by the isolated **Sternacre Farm**. This used to have the more intriguing name of Starknaked Farm! The route then passes the edge of **Flixton Airfield** which was used by wartime bomber squadrons including the "Bungay Buckaroos". More information about the airfield can be found at the Norfolk and Suffolk Aviation Museum in Flixton (open Sunday to Thursday).

Just before the end of the walk the path passes **St. Peter's Hall**. This impressive moated stone building is a 14th Century monastic house. It contains a micro - brewery and is open for refreshments from Friday to Sunday.



Oxeye daisies

