

# Carlton Marshes

The Broads in miniature!

The walks around Suffolk Wildlife Trust's centre at Carlton Marshes, part of the Suffolk Broads, get you into the heart of marshland. Located in the Broads National Park, this is flower-studded grazing marsh, fen and peat pools at their best.

See kestrels hover above your head and dragonflies dart about as cows lazily graze.

There are a variety of walks to do of varying length and ease. All have large accessible kissing gates. You could even go all the way to Nicholas Everitt Park, on the outskirts of Lowestoft. However, it is the path closest to the Education Centre, across the car park and through the kissing gate into the first marsh, which makes for a very pleasant easy walk. Wander in dappled shade with views over the reeds.

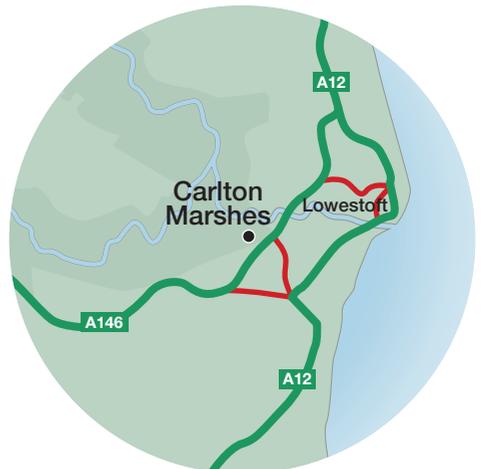
There is a small Education Centre with toilets and information on hand.

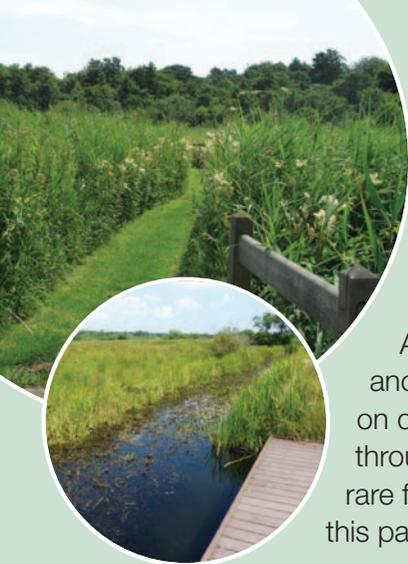
## Facilities

- **Parking** – free
- **Toilets** – accessible
- **Picnic area**

## Directions

- Signed off the A146 on the edge of Lowestoft.
- **Carlton Marshes Nature Reserve**  
Burnt Hill Lane, Carlton Colville,  
Lowestoft. 01502 564 250.  
[www.suffolkwildlifetrust.org](http://www.suffolkwildlifetrust.org)  
**Post Code** NR33 8HU





**— Easy access trail** 1 mile/1.6 km



With the Education Centre behind you head to the far left of the car park through the gate into the marsh and follow the trail.

At the far end of this marsh you can pass through another gate and head towards Sprats Water where on dry summer days there is a lovely mown path through reed beds and fen. Here you can see many rare flowers including orchids and ragged robin. Note, this path is less suitable after rain and is closed in winter.

Other trails lead across the marshes towards the Waveney River but are very uneven and unsuitable for wheelchair users.



**■■■ Easy going trail** 1 mile/1.6 km (each way)



The trail at the far right of the car park leads to Nicholas Everitt Park. This path offers lovely views across Oulton Broad and is firm and level throughout although it does get quite narrow in some places.

