

Knettishall Heath Country Park

Forest, heath, rabbit warrens and bronze age barrows

Lose yourself in this wonderfully remote area of Suffolk where the only sound is the wind through the trees as you sight the flight of a kingfisher darting over the Little Ouse River or spot a muntjac as it lightly steps on the path ahead of you.

Knettishall Heath Country Park offers acres of heathland and woodland for you to explore. The easy access trail follows a route beside the Little Ouse River and there are a number of signed paths around the park to discover.

Look out for Hut Hill, a 4000 year old Bronze Age round barrow burial mound, and learn about Warrens, the now almost forgotten industry of rabbit grazing.



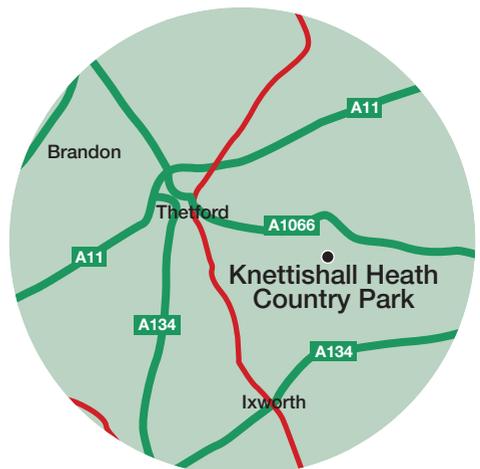
Facilities

- **Parking**
- **Toilets** – accessible
- **Picnic area**
- **Play area**

Directions

- The country park is signed from the A1066, 6 miles east of Thetford, from the B1088 in Euston and from the B1111 in Barningham.

Post Code IP22 2TQ



Easy access trail

0.5mile/1km



The Riverside Trail is a very pleasant stroll alongside the Little Ouse River (watch out for kingfishers!) and through a small wood beside riverside meadows.

The trail starts near the main car park, just beside the toilet block and follows a clearly signed, firm path. There are benches along the route and no gates.



Easy going trail

1-2.5 miles/1.6-4km



Although less suited to wheelchair users, due to more undulating natural surface paths and exposed tree roots, the Red (1.5 miles) or Green (2.5 miles) Heathland Trails are great to explore.

The gentle climb to Hut Hill is well worth the effort and the views further along these trails over open heathland are quite beautiful, especially in late August when the landscape is in purple bloom.

The Woodland Trail (2.5 miles) offers a very different experience to open heathland, as you meander your way past trees. The route begins easily and is worth exploring as a linear route. Further on, the path narrows as it passes between trees and there are some steep sections if you complete the full circuit.

