

Autumn

✓ Don't forget to tick when you've done them!

1. Make a den

Gather together fallen branches either in the woods or your back garden and construct your own hideout.



2. Bake a wild blackberry pie

Pick deliciously juicy blackberries from the hedgerows to make a tasty pie or crumble.



3. Carve a pumpkin lantern and make soup too

Be sure to keep the pumpkin's fruity flesh when you make your Halloween lantern. It will make a tasty soup.

4. Build a home for wildlife in your garden

The choice is yours - and you don't have to stop at just one!



5. Kick fallen leaves on a walk in the woods

Enjoy kicking up colourful autumn leaves on a walk through one of Suffolk's broadleaf woodlands.



6. Collect and roast Sweet Chestnuts

Once roasted, they are delicious to eat. Don't confuse them with the non-edible conker!



7. See and hear the clash of antlers

Red deer stags clashing antlers in the fight for a mate is one of nature's greatest spectacles. Our Suffolk Coast heathlands rank amongst England's best places to witness the red deer 'rut'.



8. Capture the colours of autumn

Take photos of the wonderful colours or make pictures to your own designs using collected leaves.



9. Find all sorts of pine cones and make seasonal decorations

Collect, then create perhaps the cutest hedgehog friends or keep them for Christmas decorations.



10. Eat an apple straight from the tree

Remember to give it a wash or wipe first!



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